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## The Perfect Green Tea Smoothie

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Start by pouring 1 cup of cooled Salada Green Tea into a blender. (Pomegranate Berry is recommended).



**Next**, add the following:

- 2 cups of sliced strawberries
- 2 cups of pineapple rings
- 1 banana
- 1 tablespoon of honey
- 2 cups of ice



Blend for about one minute until it's nice and smooth.



Serve it up, kick back and enjoy!